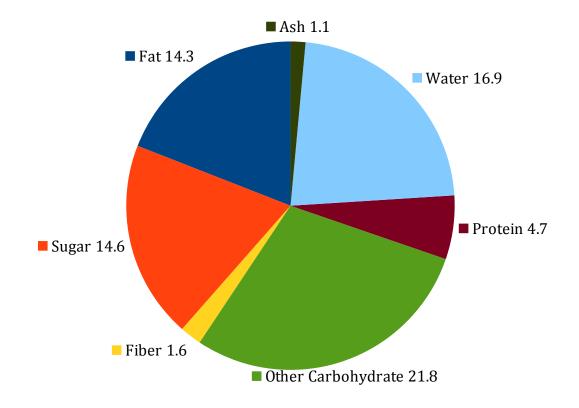
Interpreting Circle Graphs (D)

Answer the questions about the circle graph.

Nutritional Components of a 75 g Doughnut (grams)



Source of data: http://nutritiondata.self.com/facts/baked-products/5026/2

What are the largest and smallest components of a doughnut?

How many grams of fat would you find in a 75 g doughnut?

What percent of a doughnut is protein?

Based on this circle graph and your prior knowledge, is a doughnut a healthy food? Explain your answer.

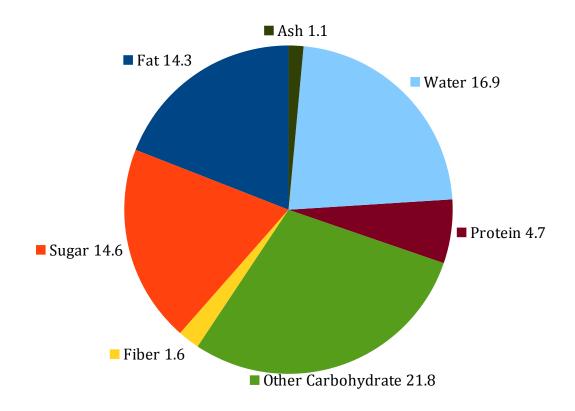
Sketch a graph of what you think the nutritional components of an apple might look like.

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Interpreting Circle Graphs (D) Answers

Answer the questions about the circle graph.

Nutritional Components of a 75 g Doughnut (grams)



Source of data: http://nutritiondata.self.com/facts/baked-products/5026/2

What are the largest and smallest components of a doughnut?

Largest: other carbohydrate; Smallest: Ash

How many grams of fat would you find in a 75 g doughnut?

14.3 g (this graph shows grams rather than percent)

What percent of a doughnut is protein?

4.7/75 * 100 = 6.3%

Based on this circle graph and your prior knowledge, is a doughnut a healthy food? Explain your answer.

Various answers. Students will probably say no due to the high content of fat and sugar.

Sketch a graph of what you think the nutritional components of an apple might look like.

For an apple, please see http://nutritiondata.self.com/facts/fruits-and-fruit-juices/1809/2

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