Converting U.S. and Metric Masses (J)

Convert each mass.

1 gram = 0.035 ounces1 pound = 0.454 kilograms 1 ounce = 28.35 grams

 $1~{\rm kilogram} = 2.205~{\rm pounds}$

1. How many grams are in 10 ounces?

2. How many kilograms are in 20 pounds?

3. How many ounces are in 232 grams?

4. How many pounds are in 3 kilograms?

- 5. How many grams are in 4 ounces?
- 6. How many kilograms are in 5 pounds?

- 7. How many ounces are in 175 grams?
- 8. How many pounds are in 8 kilograms?

- 9. How many grams are in 9 ounces?
- 10. How many kilograms are in 2 pounds?